

DR. FAHAD KHAN

1011 East Wilson Avenue, Lombard, Illinois 60148
Phone: (630) 362-0021 • E-mail: khanfahad@gmail.com

EDUCATION

- 09/2009 to 05/2015** **Midwestern University** **Downers Grove, Illinois**
- Doctorate in Clinical Psychology (9/3/15)
 - Research: Acculturation, Religiosity, and Psychological Distress Among Muslim Americans.
- 09/2009 to 05/2011** **Midwestern University** **Downers Grove, Illinois**
- Masters of Arts in Clinical Psychology (5/20/11)
 - Research: Evaluation of Factors Affecting Attitudes of Muslim Americans Towards Seeking and Using Formal Mental Health Services.
- 09/2007 to 06/2009** **Midwestern University** **Downers Grove, Illinois**
- Masters of Biomedical Sciences (6/5/09)
 - Research: Evaluation of Kidney Injury Molecule -1 (KIM-1) as an early biomarker for lead (Pb) nephrotoxicity.
- 01/2004 to 05/2006** **University of Illinois** **Chicago, Illinois**
- Bachelors of Arts in Psychology (5/7/06)

TEACHING EXPERIENCES

- 05/2015 to Present** **Concordia University** **River Forest, Illinois**
Adjunct Faculty
- Courses Taught:
- Counseling & Human Development
 - Multicultural Counseling
 - Fundamentals of Assessment
 - Ethics, Morality, and Law for Counselors

WORK EXPERIENCES

- 02/2014 to Present** **Khalil Foundation** **Glen Ellyn, Illinois**
Deputy Director / Therapist
- Complete assigned administrative tasks or assume complete responsibility in the absence of the Executive Director
 - Supervise undergraduate and graduate interns from psychology, counseling, and social work programs
 - Provide individual and family therapy to clients of diverse backgrounds
 - Plan and implement treatment plans catered to the needs of the clients congruent with evidence-based practices
 - Lead seminars and classes on various topics related to the needs of the community
 - Conduct psychological evaluations and provide diagnostic clarifications along with recommendations to families and clinicians
 - Conduct and lead research studies congruent with the mission and vision of Khalil Foundation.
- 08/2011 to 05/2014** **Riveredge Hospital** **Forest Park, IL**
Program Therapist – Department of Social Services
- Provide clinically sound individual, family, and group therapies and establish therapeutic relationships with patients and families
 - Provide quality documentation for psychosocial assessments, treatment plans, therapies, court reports, discharge planning, staffings, and medical records
 - Promote safe and therapeutic interdisciplinary patient care through consultation and supervision, effective communication, interactions with and training of direct care staff, and milieu interventions
 - Collaborate with the treatment team regarding the need for continued care or discharge, and communicate discharge plans and aftercare effectively with patients, families, treatment team, and participating community agencies

11/2006 to 08/2012 Central DuPage Hospital Winfield, Illinois

Substance Abuse / Psychiatric Counselor - Behavioral Health Services

- Conduct initial clinical and psychiatric assessments using ASAM and DSM-IV-TR
- Plan and implement psychiatric and substance abuse treatment plans and patient care with a team of nursing technicians, social workers, nurses, and physicians
- Lead daily psychoeducational, art therapy, goals, and expressive therapy groups
- Conduct supporting individual therapy sessions with the patients
- Provide quality documentation related to patient care

11/2010 to 06/2011 Adventist GlenOaks Hospital Glendale Heights, Illinois

Intake Counselor - Assessment & Referral Department

- Provide initial assessments on all patients identified as high risk using the Illinois Mental Health Code criteria
- Review the patient's medical records, interview the patient and/or the family
- Based on the assessment, formulate appropriate plans for hospitalization or referral to appropriate social service agencies
- Confer with physicians, nurses and other members of the healthcare team to assess the specific needs of each individual patient
- Conduct preauthorization with insurance as part of the utilization management process

02/2007 to 02/2008 Advocate Good Samaritan Hospital Downers Grove, Illinois

Mental Health Counselor - Adult/Adolescent Psychiatric Unit, Behavioral Health Services

- Conduct initial clinical and psychiatric assessments using DSM-IV-TR
- Assist in establishing and maintaining a safe milieu for patients and staff
- Offering support and symptom relief to patients and their families through individual and group therapeutic activities
- Collaborate with physicians, nurses, and other health care professionals in the planning, implementing and recording the progress of the patients

02/2004 to 08/2004 Northwestern Memorial Hospital Chicago, Illinois

Patient Care Technician - Hematology/Oncology Unit

- Perform clinical functions, under the direction of a nurse or physician, that provide support to patients and staff
- Collect, label and transport specimens as assigned
- Assist patients with personal hygiene and nutritional needs as identified on patient's plan of care
- Perform hourly patient rounding in collaboration with the primary care nurse
- Obtain and documents patient care data as noted in the plan of care.
- Assist the health care team in maintaining a clinical care environment that supports patient, family and staff safety
- Participate in performance improvement activities that advance innovative processes to achieve exceptional performance

CLINICAL TRAINING

06/2014 to 05/2015 Maryville Academy Des Plaines, Illinois

Psychology Doctoral Intern

- Supervise undergraduate and graduate interns.
- Provide care to individuals between the ages 2-20 at a short-term acute psychiatric hospital
- Utilize crisis, brief, and milieu therapy skills to provide individualized care to children and families in need of intervention and treatment.
- Assist patients in acute crisis, by identifying their needs, developing a comprehensive treatment plan, and facilitate a successful return to the community assisted by referrals to appropriate community resources.
- Provide daily group therapy sessions for approximately 30 adolescent boys and girls that focus on a variety of topics and skills areas. Groups are primarily psychodynamic, cognitive-behavioral, and dialectical behavioral.
- Conduct intake interviews, diagnostic assessment interviews, and administered various intelligence, objective, projective, and self-report tests. Complete assessments and integrated reports in a timely manner. Provide feedback sessions to patients and family members as well as other members of the treatment team. Use results to clarify diagnosis, enhance treatment, and provide placement recommendations.

- Work on an interdisciplinary team to provide treatment recommendations on a regular basis.
- Research and facilitate in developing an intensive outpatient program for adolescents and adults.
- Receive supervision and didactic training from a doctoral level supervisor. Consult regularly with professionals from other disciplines in an effort to enrich the training experience.

10/2013 to 05/2014 Maryville Behavioral Health Hospital Des Plaines, Illinois
Psychology Doctoral Extern

- Conduct full-battery psychological evaluations on children and adolescents
- Provide answers to referral questions ranging from clarification of diagnoses to assessment of underlying risk factors
- Administer projective personality assessments (Rorschach Inkblot Test, Thematic Apperception Test, Projective Drawings), objective personality assessments (Minnesota Multiphasic Personality Inventories, Millon Clinical Multiaxial Inventories), cognitive assessments (Wechsler Intelligence Scales – WAIS, WISC, WPPSI), and other relevant assessments
- Score, interpret, and provide an integrative evaluation along with treatment goals and recommendations

08/2012 to 10/2012 Advocate Christ Medical Center Oak Lawn, Illinois
Psychology Doctoral Extern

- Conduct evaluations on potential recipients of kidney transplant, heart transplant, Ventricular-Assist Device implantation, and kidney donors
- Collaborate with heart and kidney transplant teams and provide outpatient supportive therapy as needed
- As part of the Psychiatric Consultation Liaison team, provide assessments and therapeutic interventions to patients on the medical floors including trauma, adult surgical, pediatrics, and psychiatric
- Lead biweekly insight-oriented groups on the inpatient psychiatric units
- Conduct psychological assessments on specific patients on the inpatient psychiatric units
- Attend and participate in transplant team, interdepartmental, and departmental meetings and grand rounds
- Collect and assess data for research purposes

09/2011 to 06/2012 Hamdard Center Addison, Illinois
Therapy Practicum Intern

- Conduct and develop psychiatric intakes, biopsychosocial assessments, and treatment plans for a diverse range of clients including Hispanics, Middle Easterners, Asians and Caucasians ranging from ages 9 to 70 years old
- Provide clinically sound individual and family therapy and establish therapeutic relationships with clients and families
- Promote safe and therapeutic interdisciplinary care through consultation, effective communication, and interactions with supervisors and interns

09/2010 to 06/2011 Hamdard Center Addison, Illinois
Diagnostic Practicum Intern

- Conduct Structural Clinical Interview for DSM Disorders (SCID) and assess the client's symptomology and functioning in order to develop an assessment protocol
- Conduct cognitive and personality assessments correlated to the observed and reported symptoms
- Create a psychological evaluation report based on the results from assessments and provide a DSM-IV-TR diagnosis along with recommendations to the client and therapist

12/2009 to 02/2010 Hesed House Aurora, Illinois
Clerkship Intern

- Organize and conduct a weekly one-hour group on the topic of Conflict Resolution
- Meet with supervisor before group to go over the weekly topic and group progression
- Focus on empowering the homeless population to achieve independence

09/2009 to 05/2010 Midwestern University Counseling Center Downers Grove, Illinois
Clerkship Intern

- Collect, score, and input data from psychological assessments conducted on graduate students
- Meet with the counseling center team of supervisors and students to organize events in order to help the students
- Successfully run a campaign against negativity associated with being healthy

- Create and pass out flyers with information related to stress and anxiety and ways to deal with these issues during the weeks preceding final examinations

RESEARCH EXPERIENCES

05/2015 to Present **Khalil Foundation** **Glen Ellyn, Illinois**
Research Director

- Leading a team of interns in collecting data from current clients and charts
- Active part of a Work-in-Progress research group with researchers from around the world
- Prepare grant proposals and write drafts for submission to organizations and journals
- Give presentations on current research trends and collected data at the center

08/2012 to 10/2012 **Advocate Christ Medical Center** **Oak Lawn, Illinois**
Research Assistant

- Assist with studying the effects of Cardiac Assist Devices on the cognitive and emotional functioning of patients suffering with cardiopathologies
- Conduct cognitive and emotional assessments on heart patients
- Collect and score data
- Conduct preliminary statistical analyses

01/2008 to 05/2009 **Midwestern University** **Downers Grove, Illinois**
Research Assistant (Dr. Walter Prozialeck)

- Work under supervision on my Master's thesis project titled "Evaluation of kidney injury molecule 1 (Kim-1) as an early marker of lead (Pb) nephrotoxicity"
- Work with twelve animals (rats) with a treatment approved by the university's IRB and IACUC
- Conduct several laboratory procedures on the samples obtained
- Conduct post-mortem analyses
- Successfully complete the Master's thesis

01/2006 to 05/2006 **University of Illinois at Chicago** **Chicago, Illinois**
Research Assistant - Infant Head Molding (Professor Jack Prost)

- Collect and provide details regarding infant head molding to the research coordinator
- Research other aspects and concerns related to the topic of head molding

PROFESSIONAL PRESENTATIONS / SEMINARS

10/23/2015 **Benedictine University** **Lisle, Illinois**
Talk

- “Goals of Successful Youth”

10/17/2015 **Islamic Foundation of Peoria** **Peoria, Illinois**
Parenting Seminar

- “Psycho-Spiritual Approach to Parenting”

10/16/2015 **Islamic Foundation of Peoria** **Peoria, Illinois**
Community Talk Show

- “Family Matters: Bringing Happiness Home”

10/02/2015 **Islamic Community Center of Des Plaines** **Des Plaines, Illinois**
Talk

- “The Psychological Benefits of Charity”

09/05/2015 **Islamic Society of North America** **Rosemont, Illinois**
Health Session – Annual Convention

- “Demystifying Mental Health Care”

08/02/2015 **Young Muslims** **Elmhurst, Illinois**
Educational Seminar

- “Addressing Taboo Issues Affecting the Muslim Youth”

06/08/2015 **Islamic Foundation School** **Villa Park, Illinois**

Educational Seminar

- “Social and Emotional Changes Related to Puberty”

05/09/2015 **Khalil Center** **Glen Ellyn, Illinois**

The Art of Marriage

- “Psychological Gender Differences and Its Marital Implications”

04/11/2015 **Young Muslims** **Oakbrook Terrace, Illinois**

Leadership Workshop

- “Addressing Taboo Issues Affecting the Muslim Youth”

10/25/2014 **Boston College** **Chestnut Hill, Massachusetts**

The Diversity Challenge

- “Continuing to Interrogate the Status Quo”

10/16/2014 **North DuPage Special Education Cooperative** **Roselle, Illinois**

Educational Seminar

- “Suicidal and Homicidal Assessments”

09/16/2014 **Islamic Foundation** **Villa Park, Illinois**

Young Muslims Program

- “Identity Formation and Related Issues Among Youth”

12/04/2012 **St. Ignatius High School** **Chicago, Illinois**

Student Support Services

- “Grief”

11/20/2011 **Islamic Foundation** **Villa Park, Illinois**

Community Mental Health Seminar

- “Understanding Psychology Through an Islamic Perspective”

11/16/2011 **Midwestern University** **Downers Grove, Illinois**

The Interfaith Celebration of Diversity

- “Assessment of Common Factors Uniting Graduate Students of Diverse Spiritual Backgrounds”

10/29/2011 **Boston College** **Chestnut Hill, Massachusetts**

The Diversity Challenge

- “Acculturation to Professional Psychology: White Institutions, White Faculties, and Students of Color”

08/13/2011 **Islamic Foundation** **Villa Park, Illinois**

Muslim Youth Conference

- “The Social and Psychological Effects of Internet-Based Social Networking”

08/20/2010 **Islamic Foundation** **Villa Park, Illinois**

PTSD Seminar

- “The Process and Manifestations of Grief”

VOLUNTEER EXPERIENCES

07/2013 to Present **Muslim World Affairs Online** **Orland Park, Illinois**

Editorial Board Member

- Serve as a member of the editorial board
- Edit and proof read articles published on a peer-reviewed online journal

01/2013 to 07/2014 **Community Builders Council** **Des Plaines, Illinois**

Member – Board of Directors

- Serve as a board member of an organization catering to the community at large
- Provide programming and marketing resources for professional presentations and workshops
- Write articles related to issues faced by the community members

- 07/2012 to 06/2014 ICNA Family Services Glendale Heights, Illinois**
Family Therapist
- Provide therapeutic support to victim families of domestic violence
 - Volunteer with program development and outreach
- 09/2001 to 09/2013 ISNA Chicago, Illinois**
Operations Manager
- Manage the steering committee during annual conventions
 - Supervise 200+ volunteers and over a dozen subcommittees catering to over 35,000 attendees
- 01/2005 to 08/2007 Habitat for Humanity Chicago, Illinois**
Registered Volunteer
- Help advertise events and announcements
 - Build houses (In summer of 2006 for families in Mississippi)
- 11/2007 to 08/2009 Project Downtown: Chicago Chicago, Illinois**
Coordinator
- Provide free meals to the poor neighborhoods of Chicago on a bi-weekly basis
 - Assign food to other volunteers
 - Raise awareness of homelessness in the communities of Chicago and near suburbs
- 10/2003 to 11/2006 Adventist GlenOaks Hospital Glendale Heights, Illinois**
Emergency Department Volunteer (Dr. Paul Nemeth)
- Assist the ED staff in providing emergency treatment
 - Comfort patients and families while they wait for medical attention
 - Check and stock Paramedic supplies and linen
- 01/2004 to 05/2006 MSA of University of Illinois at Chicago Chicago, Illinois**
Editor-in-chief of the monthly newsletter
- Write for, edit, design and publish a monthly newsletter
 - Raise awareness on campus regarding several important topics such as interfaith relations and dialogue etc
- 09/2005 to 05/2006 CAIR - Chicago Chicago, Illinois**
Outreach Intern
- Organize events relating to civil rights of the minority groups in Chicago
 - Represent and raise awareness of the organization's work during rallies related to immigrant rights and political activism
- 06/2005 to 06/2005 St. James Hospital Olympia Fields, Illinois**
Volunteer - Radiation Oncology (Dr. Robert Tomchuck)
- Assist Dr. Tomchuck with his work in Radiation Oncology
 - Familiarize myself to the different treatment approaches to cancer

QUALIFICATIONS AND ACTIVITIES

Licensures:

- Licensed Clinical Professional Counselor in the State of Illinois (#180009783)
- NPI # 1649514266
- CAQH ID # 13592391

Certifications:

- Certified BLS for Healthcare Providers (CPR & AED)
- Certified in Nonviolent Crisis Intervention (CPI)
- Certified A+ Computer Technician
- Certified Phlebotomist from AMIST

Communication Skills:

- Fluent in English, Hindi/Urdu, Punjabi and relatively knowledgeable in Arabic.